



Raising voices for African **education**
Porte-voix pour l'**éducation** en Afrique

Project Bank **IDAY**

Improve quality education and health through fruit growing in Narok county

Country: **Kenya**, Narok County

Beneficiaries: **5 000 pupils from 6 primary schools**

Duration of the project: **3 years**

Project promoter: **Integrated Education for Life Kenya**

Total cost: **45 522€**

External funds requested: **42 686€**

Summary

Context

The Maasai community is well known for its traditional lifestyle : they live far away from crowded cities and rather prefer the nature of Southeast Africa game parks. They have particular customs and dresses, they feed themselves with milk, meat and livestock raw blood. Tropical diseases such as malaria result in a high mortality rate among children. These customs and poor health conditions prevent many of them from going to school. To overcome some of the key obstacles, fight against malnutrition and malaria, the Kenyan association Integrated Education for Life proposes to implement school gardens in 6 primary school of Narok county which is one of the area most populated by Maasai. The project components are inspired by the success of similar projects completed by IDAY-members.

Project description

This project will mainly consist of fruit growing in gardens and promotion of malaria control techniques in 6 community-based primary schools to improve the pupils health conditions and thereby the quality of education. The agricultural products which will be planted are lemon, oranges, avocado, passion fruits, tangerine, guavas, *Artemisia annua* and muringa trees. The project will be conducted with the assistance of existing Youth Clubs in the selected schools supported by the Ministry of agriculture.

At the start of the project, the promoter intends to carry out a baseline survey to collect scientific data about the feeding habits of the Narok Maasai community, the availability of fruit and vegetables and the incidence of malaria in the area. Additionally, sensitisation campaigns will be carried out among the Maasai communities through stakeholders meetings, local radio and school campaigns to raise awareness about proper eating habits. The findings will be disseminated for the purpose of

popular education to ensure that successful project results are properly advocated throughout the Massaï communities.

The project will be carried out by the association Integrated Education for Life-Kenya which was created in 1999. This organisation has previously led nutrition campaigns in the urban slums of Nairobi and Narok. It has developed a program for life skills targeting young people in and outside school. This program is also focused on implementing sustainable means to encounter nutritional challenge among Maasai. The project will be supervised and accompanied by IDAY-Kenya and IDAY-International.

Objectives

General

Improve access to education of 5000 children from 6 primary schools in Narok County

Specific

- Combat children malnutrition and improve their diet habits
- Fight against malaria through the consumption of medicinal plants
- Decrease absenteeism, reduce health costs and improve children schools results.

Expected results

- ✓ Healthy children whose nutritional needs are fully addressed
- ✓ A significant reduction in malaria incidences in primary schools
- ✓ A reduction of at least 50% in absenteeism by pupils and teachers within the first year of the project
- ✓ A considerable reduction in expenditures by communities on malaria cases and diseases associated with malnutrition
- ✓ An improvement in enrolment, performance and completion rates
- ✓ Transfer of information, research and innovative ideas from the youth to local community

Contacts

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